

House Republican Press Release

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Scribner Participates in Rise and Shine Fitness Walk



Activity Emphasizes the Importance to Children of Eating Right and Exercising Regularly

HARTFORD- State Representative David Scribner (R-Brookfield) will be participating in a walk and breakfast in order to promote fitness and nutrition for school children. The “Rise and Shine Fitness Walk and Nutritious Breakfast” is being sponsored by Huckleberry Hill Elementary School, and has been an on-going series of walks and breakfasts for the month of February every Tuesday and Thursday since February 7th. The breakfasts are provided by the HHES PTO. Representative Scribner will walk with students on February 23rd, at 8:25 a.m. in the HHES gymnasium.

“This is a worthwhile and fun event, and I am please to have been invited to play a part in it,” said Representative Scribner, who is the father of three young daughters. “The issue of school nutrition and fitness is one the state legislature has wrestled with over the last couple of years. Rather than trying to institute bans on sweets and soda in schools, I think a program like this makes far more sense, where healthy activities are incorporated into teaching healthy habits, as well as letting students learn why it is good to do healthy things and bad to be inactive and eat poorly. The only way children incorporate eating right and exercising into their lives is if they are shown the example.”